

CASA/GAL Volunteer Competencies Review Activity: Reflections on Your Growth and Learning

Take out the Developing Competencies checklist that you filled out prior to the beginning of training. Review the competencies and assess how you've grown over the course of training. Which competency categories do you still need to strengthen? Below, write down a plan for how you will address these areas.

Competency category: _____

What I need to strengthen: _____

Steps I will take to increase my competency: _____

CASA/GAL Volunteer Competencies Review Activity

Competency category: _____

What I need to strengthen: _____

Steps I will take to increase my competency: _____

Competency category: _____

What I need to strengthen: _____

Steps I will take to increase my competency: _____

CASA/GAL Volunteer Competencies Review Activity

Competency category: _____

What I need to strengthen: _____

Steps I will take to increase my competency: _____

Competency category: _____

What I need to strengthen: _____

Steps I will take to increase my competency: _____

END OF PRE-WORK FOR CHAPTER 8